

Start here

Lexington-area disability & special education resources. Start with the organization that fits your question; location alone does not determine service eligibility.

DDS Central Middlesex Area Office

35 Nagog Park, Suite 2000, Acton | 978-206-2050

The DDS area office serving Lexington. Contact the office about eligibility, service coordination and available family supports.

[Official DDS office information](#)

Riverside Family Support Center

6 Lincoln Knoll Lane, Suite 103, Burlington | 978-655-3801

Family navigation, workshops, enrichment and transition support. Navigation can help families who are DDS eligible or applying. Flexible funding requires DDS eligibility and prior DDS approval.

[Riverside services and contact information](#)

Federation for Children with Special Needs (FCSN)

Statewide | 617-236-7210 / 800-331-0688

Parent information, special education workshops, family connections and transition resources. Start with the Information Center or workshop calendar.

fcsn.org

The Arc of Massachusetts

Statewide

Statewide advocacy and resources for people with intellectual and developmental disabilities and autism, including future planning, webinars and disability-specific organizations.

thearcofmass.org

Family TIES of Massachusetts

Statewide

A family resource program at FCSN. Explore information, family supports and links for navigating early intervention and other services.

[Family TIES at FCSN](#)

Community & family connections

Regional organizations and disability-specific support. Ask each provider about ages, towns served, fees and registration for the particular program you want.

Minute Man Arc

Concord area

Services for children and adults with disabilities, including therapeutic services, employment, recreation, housing and community participation. Ask about the service area for each program.

minutemanarc.org

Charles River Center

MetroWest

Family support, service navigation and programs for people with developmental disabilities. Confirm that the requested program accepts Lexington residents and ask about referral requirements.

[Charles River Center family support](#)

Association for Autism and Neurodiversity (AANE)

Watertown and online

Education, community and support for Autistic and similarly Neurodivergent people, families and professionals. Check each offering for age and participation requirements.

aane.org

Autism Alliance

Natick and regional programs

Autism information, family activities, workshops and a resource directory. The current website highlights its Autism Welcoming Center at Natick Mall. Check event location and registration before visiting.

autismalliance.org

Massachusetts Down Syndrome Congress (MDSC)

Statewide

Information, family connections, advocacy, events and a resource library for people with Down syndrome and their families throughout Massachusetts.

mdsc.org

Schools, transition & advocacy

Educational programs have their own admission and referral processes. Use these links to learn about programs and discuss options with your school team.

Lexington Public Schools transition resources

Lexington

The district's guide to planning for life after high school, including postsecondary education and employment preparation. Use the district page for current contacts and materials.

[LPS transition resources](#)

LABBB Educational Collaborative

Lexington is a member district

Special education programming for students from member districts, including Lexington, and other sending districts. Contact your school team about the referral process.

labbb.com

CASE Collaborative

Regional educational collaborative

Regional special education programs and related services, including a transition program. Ask your school team and CASE about program fit and admission requirements.

casecollaborative.org

Cotting School

Lexington

Special education school in Lexington with programs spanning ages 3-22. Explore its educational offerings and consult the school about its admission process.

cotting.org

FCSN MassPAC

Statewide SEPAC support

Training, information and networking for Special Education Parent Advisory Councils and the professionals who work with them. Useful for LexSEPAC volunteers and leaders.

[FCSN MassPAC](#)

Advocates for Autism of Massachusetts (AFAM)

Statewide advocacy

Statewide autism advocacy. Visit its page at The Arc of Massachusetts for current priorities and ways to participate.

[AFAM at The Arc of Massachusetts](#)

Hearing, vision & more resources

Specialist agencies and organizations can help families find communication access, education and support. Check each organization's current eligibility and service information.

Massachusetts Commission for the Deaf and Hard of Hearing

Statewide

State agency providing information, advocacy and communication-access resources for Deaf and hard of hearing people of all ages.

[Official MCDHH information](#)

Massachusetts Commission for the Blind

Statewide

State agency with registration, eligibility and service information for residents who are blind. Use its current guidance to understand which services apply.

[Official MCB information](#)

Carroll Center for the Blind

Greater Boston

Explore vision-related services, education and independence resources. Contact the center about programs appropriate for the individual's age and needs.

carroll.org

Perkins School for the Blind

Watertown and broader services

Explore educational programs and resources related to blindness, low vision and additional disabilities. Check the relevant program's admission or participation requirements.

perkins.org

More disability-specific organizations

Statewide and national directory

The Arc's directory includes Fragile X resources and a listing for Eastern Massachusetts Fragile X. Use the directory to find the current contact before relying on a local group listing.

[The Arc: Resources by Disability](#)

Before contacting a program: Ask about eligibility, referrals, costs, waitlists, language access and accommodations.

Sources: the official agency and organization pages linked in each entry, reviewed September 29, 2026. This guide combines and updates the two September 2026 resource drafts. Listings are informational; availability and eligibility vary.