# Physical Disabilities & Complex Medical Needs

For Lexington families seeking care navigation, equipment access, school participation, and inclusive community life. Physical disability and complex medical needs may overlap, but are not the same.

## Massachusetts DPH: care coordination

Children and youth up to age 22 with special health needs

Location / access: Statewide Community Support Line: 800-882-1435. Ask about eligibility and how to request care coordination.

Helps eligible families with complex coordination needs who are having difficulty obtaining or maintaining services. Ask how the program can help connect medical, community, and family supports. This is navigation support, not emergency care or a replacement for a treating clinician.

Program information & contact details

## Massachusetts Family Voices / FCSN

Families of children with special healthcare needs

Location / access: Statewide information and support through FCSN; begin with its Healthcare & Health Insurance page. FCSN main contact: 800-331-0688.

The Family-to-Family Health Information Center helps with healthcare navigation, MassHealth application and renewal connections, and education planning when health needs affect school. Ask what information to gather before discussing your child’s situation.

Program information & contact details

## Easterseals Massachusetts: assistive technology

All ages | Free demonstrations and short-term device loans

Location / access: Boston ATRC: 89 South Street, 1st Floor, Boston, MA 02111. 617-226-2634; atrc@eastersealsma.org. Contact before visiting.

MassAbility’s centers, hosted by Easterseals, let Massachusetts residents explore and borrow tools for communication, hearing, vision, education, and daily living. Loans are generally up to 30 days; confirm device availability. This is a trial program, not a promise of permanent equipment funding.

Program information & contact details

## Before you contact a program

Describe your child’s age, needs, goals, and preferred language or communication method. Ask about eligibility, referral requirements, fees, waitlists, and accessible appointments. Addresses are contact locations, not confirmation of walk-in service.

# Tools, Access & School Support

Practical connections for Lexington families. Contact programs before visiting or applying.

## Lexington Transportation Services

Residents planning accessible community travel

Location / access: Lexington Community Center, 39 Marrett Road, Lexington, MA 02421. 781-698-4820.

The town explains local and regional travel options, including Lexpress and The RIDE. Ask which options fit your child's age, mobility, destination, and accompaniment needs. Eligibility, fares, advance booking, and service boundaries vary; this is not school transportation or emergency transport.

Program information & contact details

## Lexington Therapeutic Recreation

All ages | Adaptive activities and inclusion support

Location / access: Lexington Community Center, 39 Marrett Road, Lexington, MA 02421. Therapeutic Recreation: 781-698-4817.

Offers specialized recreation and help accessing general recreation programs. Discuss physical access, communication, personal care, medical needs, and staffing before registration. Ask about program fees, scholarships, and accommodation requests; do not assume nursing or one-to-one support is included.

Program information & contact details

## FCSN: school information and parent support

Families of students with disabilities | Statewide

Location / access: Online and phone support through the Federation for Children with Special Needs: 800-331-0688 or 617-236-7210.

The Parent Training and Information Center is a starting point for special education information and parent training. Bring questions about evaluations, participation, accommodations, and working with the school team. It is separate from your child's school and clinical providers.

Program information & contact details

## Questions to bring to your school team

Ask the school team and nurse how health and access needs affect participation. Discuss accessible spaces and transportation, equipment, communication, fatigue, absences, personal care, and emergency planning. Clarify staff roles and how information will be shared with your permission. For immediate medical emergencies, call 911.

A starting point, not a comprehensive directory, endorsement, or medical/legal advice. Program details can change. State-agency summaries were checked against official indexed listings; some full Mass.gov pages could not be accessed during review. Confirm details directly.

More LexSEPTA family resources