LEXSEPTA / SEPAC

Camps & summer programs

For children, teens and young adults through age 22 with disabilities | Summer 2027 planning. Physical, intellectual, developmental, learning and social-emotional needs; eligibility varies by program. Most listings describe existing program models; 2027 availability is not confirmed unless stated. F.U.S.E. has published 2027 dates. See pages 3-4 for added local and teen options.

Camp Starfish

Rindge, New Hampshire | Overnight | Beyond 45 minutes

Programs for ages 6-17 with social, emotional, behavioral and learning challenges. Core programs have equal numbers of direct-care staff and campers: a 1:1 ratio, not a dedicated aide. Admissions screening and financial aid are available. The Ashby address is the year-round office, not the summer camp.

Program information

Camp Arrowhead

Natick | Day camp | About 30-45 minutes

For children ages 6+ and adults with disabilities. Campers are paired with a teenage helper or attend with their own aide. Staff can assist with toileting, eating and changing. Some safety needs require a family-provided aide. Natick residents have priority; remaining spaces use a nonresident lottery.

Program information

Camp Triumph

North Reading | Therapeutic day program | About 25-40 minutes

Ages 6-16, including autism, ADHD, anxiety and social-communication needs. About 4 campers per counselor, with clinical supervision. Designed for children needing more support than traditional camp; the provider describes limits for intensive behavioral, physical or psychological support needs.

Program information

Camp Allen NH

Bedford, New Hampshire | Day and overnight | Beyond 45 minutes

Designed for people with developmental and/or physical disabilities. Residential programs begin at age 6. Its American Camp Association listing describes 2:1 or 1:1 camper-to-counselor staffing, depending on need; confirm the arrangement for the selected session.

Program information | ACA listing

Finding the right level of support

A disability-friendly program may still have limits on individual supervision, communication, personal care or behavioral support. Discuss the child's actual needs with admissions before committing.

Continue to page 2 for local inclusion programs, horse-focused summer programming and questions to ask.

Local summer options

Inclusion support and specialty programming close to Lexington. Travel estimates are approximate and depend on traffic.

Lexington Recreation summer inclusion

Lexington | Local day camps and programs

Individualized support for disability, medical or behavioral needs. A dedicated 1:1 aide is not guaranteed; support depends on assessed need and staffing. Request inclusion during registration, complete an intake form and meet with the team.

Program information | Summer programs

Burlington Recreation summer inclusion

Burlington | Local day programs

Uses a group inclusion model. A dedicated 1:1 aide depends on assessment and staffing availability. Ask about nonresident enrollment, support-request deadlines and whether the chosen activity can meet the participant's needs.

Program information

BINA summer vacation programs

Sudbury | Horse-focused programming | About 30-40 minutes

Inclusive riding and horsemanship for children and teens, with weeks organized by age. The provider says 2027 dates and format will be announced in April 2027. Ask specifically about individual supervision and personal-care supports.

Program information

Questions to ask before registering

• Can you support AAC or limited spoken communication, sensory breaks and toileting assistance?

• What support is available for elopement or other safety needs? Who provides it, and what training do they receive?

• Does "1:1" mean a dedicated aide, a teenage helper or an overall staffing ratio? Can an outside ABA provider or personal aide attend?

• Can the schedule work around extended school year (ESY)? Are shorter sessions available?

• When do 2027 applications open? What are the fees, aid options, nonresident rules and cancellation terms?

More programs to explore

Federation for Children with Special Needs: Camp Guide - Massachusetts and New England listings.

Provider links throughout this guide are the sources for each listing. Information reviewed October 18, 2026. This is a starting-point directory, not an endorsement or guarantee of admission, support or availability. Confirm current details directly.

Developmental & social support

Additional local options | Confirm intake requirements and summer 2027 details directly.

F.U.S.E. summer program

Lexington: 110 Hartwell Avenue | Also Norwood

Published 2027 offering: preschool through 2nd grade, June 28-August 5, Monday-Thursday, 9:00 AM-1:30 PM. Groups have up to 6-7 children with 2 teachers. A small-group social/developmental program; do not assume dedicated 1:1 ABA treatment. Confirm fit, support capacity and any schedule changes.

Program information | 781-658-3009

MGH Aspire: children, teens & young adults

Lexington intake office | Adventure Camp in Westwood; teen sites vary

Adventure Camp: ages 5-13, groups of 4-6 with 2 staff at Hale in Westwood. Explorations: ages 14-19, community outings and practical life skills. Transitions: ages 16-22, work/college preparation; volunteer placements have 3 participants per specialist. These are group models, not dedicated aides. Confirm language, independence and safety requirements, 2027 sites and financial aid.

Program information | 781-860-1900

Kidsborough: ABA services inquiry

Select Lexington and Winchester sites | Summer placement must be confirmed

The provider describes ABA services for autistic students at select sites, with opportunities during vacation weeks and summer programs. This is a lead to contact, not a confirmed 2027 ABA camp placement. The provider reports a waitlist and prerequisite communication, safety and group-participation skills. Outside ABA providers are welcome. Confirm summer sites, hours, insurance and individual eligibility.

Program information

Peter Pan Center

Boxborough; also Pepperell | Social coaching

The published 2026 summer program serves children entering kindergarten through leaving grade 5, with up to 12 participants and 1 staff member per 4 children. Participants must be able to join safely without dedicated one-to-one support. Social coaching through play, not clinical treatment. Confirm 2027 grades and sessions.

Program information

Reading staffing descriptions

Dedicated aide: an adult assigned to one child. Overall 1:1: equal staff and camper numbers, with shared care. Teen helper: companionship and assistance, not automatically clinical support. Small group: shared staffing, such as 2 teachers for 7 children. Confirm supervision during transitions, swimming and toileting.

Newton, Concord & beyond

Therapeutic programs, traditional camps to discuss with staff, and additional planning resources.

Camp Echo Bridge

Newton | Inclusive day camp

Newton lists a six-week 2026 day camp at Mason-Rice School in Newton Centre. Confirm 2027 ages, site, nonresident access and support arrangements with the camp; general town registration rules do not establish eligibility for a particular supported placement.

Program information | 617-796-1538

Daybreak Day Camp / Cambridge Camping

Concord site in older provider material | Reconfirm for 2027

The 2024 provider listing describes ages 5-13, a 2 campers:1 staff model, and Nashoba Brooks School in Concord. Supports social, emotional and behavioral needs; serves children from under-resourced circumstances. Treat these as historical details: verify current location, eligibility, transport and support capacity.

Program information | 617-864-0960

The LARK Center

Norwood: 629 Washington Street | Not Boxborough

The current site lists a summer program for ages 2-8 and therapy intensives for ages 8-30, with 2027 planning underway. Also offers clinician-supported young-adult programming. Confirm format and staffing; intensives are not necessarily full-day camps. The provider states it does not offer ABA.

Program information | 508-233-2293

West Suburban YMCA: Chickami & Wells

Chickami: Wayland | Wells: Newton | Traditional day camps

Chickami lists campers entering grades 1-9 plus a grade-10 leadership track. Wells lists grades K-6 plus a leadership track (confirm its grade range). These are traditional camps, not verified intensive-support programs. Ask about accommodations, outside aides, personal care and safety staffing before enrollment.

Camp Chickami | Camp Wells

Directories and planning notes

FCSN Camp Guide | BMC Autism Program Summer Guide 2026

Directory listings can be older than provider pages. Autism-focused support, social coaching, clinical therapy and ABA are different service models. Ask about staff training and the actual supports delivered. No listing guarantees admission or a dedicated aide. Use the questions on page 2 when contacting programs.

Broader disability options

Regional camps and activity programs | Includes physical, intellectual and developmental disabilities. Farther destinations below are outside the local 45-minute search area.

Camp at The Bridge Center / Easterseals MA

Bridgewater | Farther day-camp option

Easterseals describes camp options for children, teens and adults with disabilities, including recreation, creative activities and optional horseback riding. Confirm the age range for the specific 2027 session, especially for ages 18-22, plus mobility access, transfers, personal care, medical support and staffing.

Program information

Camp Sno-Mo / Easterseals NH

Gilmanton Iron Works, New Hampshire | Regional overnight camp

For youth with disabilities ages 11-21; the published range does not include age 22. Offers outdoor recreation such as water sports, hiking and crafts. Easterseals MA describes limited financial support for Massachusetts campers; confirm funding and 2027 admissions.

Program information

Camp Jabberwocky

Martha’s Vineyard | Regional residential camp; ferry travel required

Summer camp for children and adults with a wide range of disabilities. A potential option for young adults who have aged out of child-only camps. Individual fit is assessed through admissions; confirm age/session placement, mobility, medical and personal-care support for the applicant.

Program information

DCR Universal Access Program

Massachusetts parks | Adaptive activities, not full-day child care

Year-round adaptive outdoor recreation, including seasonal hiking and boating options. Useful for children, teens, young adults and families across disabilities. Each activity has its own eligibility criteria; ask about adaptive equipment, physical assistance and companion requirements.

Program information

Planning specifically for ages 18-22

Start with adult-inclusive options such as Camp Arrowhead, Camp Allen and Camp Jabberwocky; confirm session placement. Aspire Transitions lists ages 16-22, while LARK lists summer intensives through age 30. These serve different needs and are not interchangeable. For riding, Lovelane stops at age 20; ask the other centers about eligibility at 21-22.

Easterseals Pre-Employment Transition Services serve eligible students with disabilities ages 14-21, up to the 22nd birthday. Ask about summer skills opportunities; this is a transition service, not a camp.